Basic level teacher training course details and schedule

(TEACHER TRAINING SCHEDULE APRIL 2018)

On completion of the course participants will be eligible to teach kids in pre-primary or EYP at schools under age group 2.5 to 5 years.

- **Pre-requisite for participants:** A yoga school certification or Early Childhood Care (ECC) certification or its equivalent is required.
- **Venue:** 18 A road, Khar West. Baby360 degrees. Cottage number 17B
  Sonali Shivlani
- **Dates:** 20th 21st 22nd 23rd 24th April 2018
- **Time:** 2pm to 5pm with a 15 minutes’ tea break.
- **Fees:** Rs 25000/ (Inclusive of all taxes)

### Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Topics to be covered</th>
</tr>
</thead>
<tbody>
<tr>
<td>20th, 21st, 22nd</td>
<td>Introduction to yoga. Theory about yoga for kids, designing of course content, application of Braingym and significance of lesson planning.</td>
</tr>
<tr>
<td>23rd</td>
<td>Practical lessons, demo classes, formulation of themes, ideas and discussions.</td>
</tr>
<tr>
<td>24th</td>
<td>Business strategies and economics. Written and practical examination, individual feedback following which Certification of students who pass the examination.</td>
</tr>
</tbody>
</table>

Please Note: Participants will get practical experience at Aseema Bandra as per available slots at their summer camp in April. Dates to be announced.